

# TEXAS MUTUAL SAFETY ALERT



As a service to our policyholders, Texas Mutual shares common workplace injuries reported to our claims department. Our goal is to help you ensure these types of incidents do not happen in your workplace. Find tips and suggested e-Learning training courses below to help keep your employees safe on the job.

If you have questions, we encourage you to call our safety services support center at **844-WORKSAFE (967-5723)** between 8 a.m. and 5 p.m. CST.

## IN THIS ALERT

- Vehicle safety
- Personal protective equipment (PPE)

## UNSAFE VEHICLE PRACTICES LEAD TO SEVERE INJURIES

In April, Texas Mutual saw a handful of serious injuries stemming from motor vehicle incidents. Three employees in particular were caught not following best safety practices. One employee was speeding and rolled his mixer truck, another was sitting in the back of a truck with a pile of lumber that shifted and pushed him out and a third was looking for his hat while driving and veered into an oncoming vehicle. All three employees received serious injuries.



### ! Safety tips:

- Always perform a pre-trip inspection to make sure your vehicle is ready to drive.
- Follow the rules of the road such as speed limits, yields and stop signs; they are there to protect you.
- Stay focused on the task of driving and practice defensive driving at all times.
- Never ride in the back of a truck; it's meant to carry cargo, not people.

### e-Learning course suggestions:

- Driving Hazards Recognition
- Alert Driving
- Driving Preparation

## TWO EMPLOYEES LEARN THE PURPOSE OF PPE

An employee was operating an iron worker machine with his safety glasses on top of his head instead of over his eyes. The punch shaft was not centered correctly, which caused a piece of it to break off and strike him in the eye. As a result, the employee was left with a non-functioning eye.

In an unrelated incident, an employee had come down from the second story roof he was working on and removed his harness for a restroom break. As it was almost the end of the work day, he decided not to put his harness back on, but he did go back up on the roof to complete some work. The employee tripped over some underlayment and fell off the roof.



### e-Learning course suggestions:

Personal Protective Equipment

Fall Prevention and Protection

Safety and Health - Basic

### ! Safety tips:

- Inspect your PPE before each use and do not wear it if you notice damage or wear and tear.
- Always wear your PPE as instructed by your supervisor; nothing is worth risking the loss of a body part or your life.
- If you notice a coworker not wearing PPE or wearing it incorrectly, remind them of proper safety procedures or alert a supervisor, if necessary.
- If your PPE doesn't fit, is uncomfortable or is impeding your job task, speak with your supervisor to help find a better solution.
- Clean and store your PPE according to manufacturer instructions.

## GET FREE SAFETY RESOURCES

Texas Mutual policyholders have access to thousands of free training materials in our multimedia safety resource center, including 200 free e-Learning online training courses. With e-Learning, you can assign safety courses to your employees to help train them and keep them safe.

To access the free materials, log into your [texasmutual.com](http://texasmutual.com) account and select safety resources. If you need helping accessing the safety resource center or you have a workplace safety question, call us toll-free at **844-WORKSAFE (967-5723)**.